

The Enlightenment Intensive

Tell me Who you Are?

**February 7th through 11th,
2013 Camp Bishop**

**June 6th through 10th, 2013
Camp Bishop**



COST

\$525 all inclusive.

Master

Robert Keller, Robert has been involved with Enlightenment Intensive work since 2004. He is on his own journey for Enlightenment and he has helped many others to do the enlightenment technique over the past several years.

3 Day Residential Partner Assisted Meditation Retreat

The Enlightenment Intensive is a modern answer to the question, “Where can I go to directly experience the true nature of life, others and myself?” With one foot rooted in the ancient tradition of Rinzai Zen and the other in the modern dyad process of communication, the Enlightenment Intensive is a three-day retreat capable of producing deep spiritual awakenings at the core.

During the Enlightenment Intensive you are asked to set aside all distractions and engage in a monastic lifestyle in order to free your energy and attention for the practice at hand. Your practice is to contemplate a question such as ‘Who am I?’ and communicate to a partner what has occurred. You choose a new partner for each 40-minute period. Throughout the day you have breaks for walks, rest, meals, and lectures. Other questions you may work on are, “What am I?”, “What is Life?”, and “What is Another?” This journey of exploration, healing and awakening reveals that our deepest truths may be found within ourselves and through our honest interaction with others.

The enlightenment intensive uses a dyad format for contemplation that is generative—the energy builds between dyad partners, as well as everyone in the room, creating a synergetic generation of the very energy mentioned in Zen literature needed to break through into an enlightenment experience.

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